

Golf Rules in Brief and Glossary

Golf is a game in which a ball is struck with a club from a prepared area, known as the “**teeing ground**“, across **fairway** and **rough** to a second prepared area, which has a hole in it, known as the “**putting green**”. The object of the game is to complete what is known as a **hole** by playing a ball from the teeing ground into the hole on the putting green in the fewest possible number of strokes. A “round of golf” consists of playing 18 such holes.



There are basically two forms of play:

- One which is decided by holes won and lost : **match play**
- The other which is decided by the total number of strokes taken to complete the round: **stroke play**.

There are three important principles to remember when playing golf:

- ❖ Play the course as you find it.
- ❖ Play the Ball as it lies.
- ❖ And if you can't do either, do what's fair.” **To do what's fair you need to know the Rules.**

Terminology

<p>Matériel utilisé</p> <p><u>Clubs: Irons (fers)</u></p> <ul style="list-style-type: none"> -Sand wedge(le fer le plus ouvert (face) et le plus court (manche ou shaft), balles hautes et courtes) -Fer 9, 7, 5 (faces de plus en plus fermées et manches de plus en plus longs, pour envoyer la balle de plus en plus loin) <p style="text-align: center;">Wood (bois)</p> <ul style="list-style-type: none"> - Bois 3, Le club qui a le manche le plus long pour longue distance. <p><u>Accessoires:</u></p> <ul style="list-style-type: none"> Tee: support utilisé à chaque départ Trolley: chariot pour porter le sac 	<p>Sitting & hazards</p> <p><u>Zones d'entraînement:</u></p> <p>Putting green: zone pour faire des petits coups: 30m et moins</p> <p>Practice ou driving range: zone pour faire de longs coups.</p> <p><u>Parcours ou course:</u></p> <p>Tee n°1 : Départ trou n°1</p> <p>Fair-way : Piste bien tonduée entre le départ et le green</p> <p>Rough : zones où l'herbe n'est pas tonduée ras</p> <p>Bunker : Obstacle de sable</p> <p>Green : Zone tonduée très ras sur laquelle se trouve le trou</p>
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Technique

The swing : The action of stroking the ball.

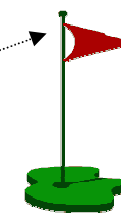
	<p>STANCE</p>	<p>There are 4 power sources in golf</p> <ol style="list-style-type: none"> 1. Wrist hinge 2. Relaxed shoulder turn 3. Lower body rotation 4. Weight shift
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Golf Etiquette

Golf etiquette is about more than just manners. It's also about course **safety** and **course care**, and good golf etiquette can ensure that the round of golf is enjoyable for all.

Players should at all times show consideration **to all others using the course**. Although the following points are not Rules as such they are an important part of the game.

- Don't play until the group in front is out of the way.
- Shout a warning if your ball might hit someone.
- Don't move, talk or stand close to a player making a stroke.
- Don't step on another player's line of putt.
- Always play without delay and keep up with the group in front.
- Invite faster groups to play through.
- Repair **divot holes** and **pitch-marks**.
- Smooth footprints in bunkers.
- Don't drop clubs on the **putting green** or lean on your putter.
- Replace the **flagstick** carefully.
- In the case of a serious breach of etiquette, the Committee has the authority to disqualify a player.



Flag Stick



Swing