# A few statements about the search for happiness

#### • Achieving desires

Happiness is the satisfaction of one's desires

Happiness remains sth with dissatisfied desires

Desires are neverending, insatiable, inextinguishable, unquenchable, quenchless

Happiness is reaching a special state of wisdom once one manages to free himself from desires like stoicians advocate (= promote) restraining (= moderating) one's desires.

### • A quest, a special goal to deserve

Happiness has only sth to do with poetry, like "here everything is order and beauty, luxury, calm and delight (Beaudelaire's Fleurs du Mal)

Happiness as a social progress through the improvement of living conditions.

Happiness as the ultimate literary creation

Happiness is experiencing bliss, a state of enlightment (in Buddhism), better understanding, progressiveness

Money can't buy happiness

As some say "hell is other people" or "hell is paved with good intentions",

Personal happiness depends on others..., do you agree ?

# • A way of life

"Joie de vivre", "Dolce vita", what is it ?

Happiness viewed philosophically as hedonism, enjoyment

Carpe Diem like Michel Onfray's Treaty on Happiness

Nothing ventured, nothing gained.

No pain, no gain.

Nothing can help. Nothing is any good. One can do nothing. = Rien n'y fait.

By doing anything we learn to be ill (= qui ne fait rien n'a rien) He who risks nothing has nothing. Not to have a good feeling about it. Augur no good.

## • Evolving process or illusion

Happiness is cliché-ridden, a muddled thinking

Happiness is like the love process may only be, a chemical matter ...

Did you forget happiness or did it forget you ?

Happiness is an imposture, a deception as suffering is inherent to mankind's condition

Happiness is a godsend to dream merchants, gurus.

Relieving pain is illusionary