Volume of pyramids and cones in an English maths textbook

Where?	What?	What do I have to do?
Top of p.380	An activity to investigate the relationship between the volume of a pyramid and the volume of a prism.	Read it quickly and make it at home if you want.
Bottom of p.380	The formula of the volume of a pyramid	Learn it by heart, using words and symbols.
1 p.381	Example "Find the volume of a pyramid". It is a model of exercise.	Read it carefully and try to memorize how the exercise is written.
	"Check your progress"	Make this exercise, using the model above.
2 p.381	"Real world example"	You can try to understand this interesting example and to do the exercise "Check your progress", but it could be a little bit hard since it requires to know how to solve equation.
Bottom of p.381	The formula of the volume of a cone	Learn it by heart, using words and symbols.
3 p.382	Example "Find the volume of a cone". It is a model of exercise	Read it carefully and try to memorize how the exercise is written.
	"Check your progress"	Make this exercise, using the model above.
Middle of p.382	"Check your understanding"	Make theses small exercises, using the models from p381.
p.383 and 384	"Practice and problem solving". Exercises more and more difficult.	Try to make these exercises.