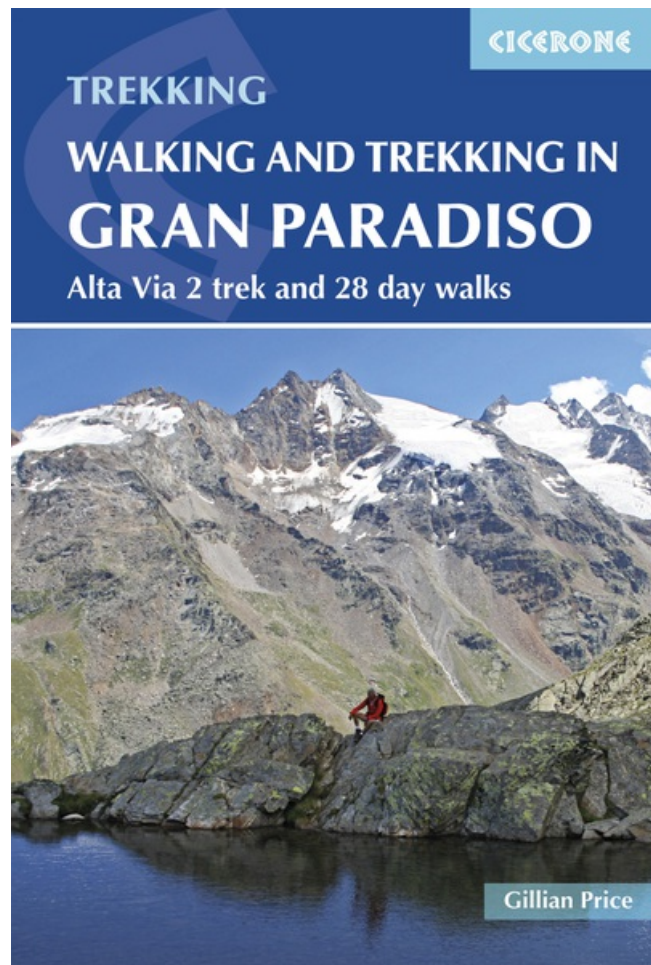


# Walking and Trekking in the Gran Paradiso



**Author: Gillian Price**

# Download: Walking and Trekking in the Gran Paradiso Ebook Free (PDF, ePub, Mobi) by Gillian Price

A guidebook to walking in the Gran Paradiso National Park in the Italian Alps, describing the 12-stage Alta Via 2 trek between Courmayeur and Chardonnay, and 28 walks ranging from 2 to 33km, as well as suggestions for combining routes into long-distance hikes. The Gran Paradiso sits in the Valle d'Aosta, in northwestern Italy, a region verging on pristine wilderness. Views of Mont Blanc, Monte Rosa and the Matterhorn ranges can be seen from routes in this guide. Despite its attractions, the park is relatively undiscovered. Walkers can often enjoy unforgettable days on excellent trails through spectacular valleys all to themselves, even at the height of the summer season. The guidebook provides plenty of practical information on getting to and around the Gran Paradiso, as well as advice on accommodation, language, equipment, planning and how to make the most out of any adventure in one of Italy's most spectacular national parks. A wealth of detail on points of interest walkers can explore, as well as information on wildlife, history, geology and flowers is also included.

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