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One finger, one thumb, keep moving. one thumb, keep moving. keep moving.

One We'll all be happy today. One finger, One finger, one thumb, One finger, one thumb, arm, one leg, keep moving ...

One One finger, nod of the head, keep moving .. one thumb, one arm, one leg,

Stand up, sit down, keep moving ... One nod of the head, One finger, one thumb, one arm, one leg,