

# TYPES OF BULLYING



making someone feel scared / unsafe / frightened / insecure    kicking    spreading (nasty)    strangling / choking  
punching    rumours online    tripping

making homophobic or racist remarks    hitting / socking / striking    tormenting    posting / sending hurtful / threatening text messages / emails /

intimidating others online    slapping    threatening    taunting    using social media to harass

embarrassing someone in public    blocking    beating somebody up    calling sb names / name calling    pinching

leaving sb out / excluding    teasing    gossiping    making fun of someone

