<https://www.youtube.com/watch?v=hXvweRzrAnQ>

**Video script**

‘I can’t afford to’. They’re 4 words I live my life by. My food budget is 40 £ a week. That’s 40 £ for me, my husband and our 3 children combined. It’s 5 days worth of packed lunch for 3 kids and an adult and it’s dinner for 5 every night, and all our meals at the weekend. There is a massive gap between how poverty is seen by people who don’t experience it and what it really means for those of us who do.

You might think people like me should watch Jamie Oliver’s programme Money Saving Meals

-I’m going to prove too you that you can all, every single one of you, eat like a king , no matter what the budget

That’s the programme in which he suggested a 20£ shoulder of lamb to feed a family over a weekend and that’s not the reality of poverty.

the reality of poverty also isn’t what you see on TV. It isn’t me spending all my benefits on fags and booze while I watch telly all day in my dirty house.

It’s me sitting in the cold, hiding my shadow from the men at the front door, as they bang their fists on the glass because I can’t pay my water bill. It’s calling my mum in tears because someone has sent out a bailiff. And it’s counting pennies from a jar to see if there’s enough to be able to buy bread. Scouring supermarkets before they close, in the hope of seeing yellow labels that might mean a meal I can afford. And it’s staring at empty cupboards, hungry, ashamed because I must have done something wrong. I must deserve it, except I don’t.

Until the recession hit at the same time, I had a heart attack at 29, life was good. I went from a nice house, two good jobs, spoiled children, to redundancy, a heart attack, a mastectomy, a bankrupt landlord and homelessness, and they all hit at the same time. Now my husband ‘s got an admin job. I’m an author. We still work hard. But his wages – although they’re above the minimum wage- don’t even cover our rent. So next time you talk about poverty, make sure you know what being poor in this country really means

**Vocabulary : Find the equivalent in the script ( underlined words)**

slang for alcohol

an officer who keeps order in the court, makes arrests

a person or organization that owns and leases apartments, a building, land, etc., to others.

slip of paper, cloth, or other material, attached to something to indicate its manufacturer,

a wide ( big ) or great difference between things

a food container ( for jam for example)

a young sheep.

slang for cigarettes

one pence, two pennies 1 £ is composed of 100 pennies

searching all over

not having enough money to pay debts.

Salary

a payment made on a regular basis to the owner of land or other property, for the right to live in or use the property:

Q. Answer the following questions with a partner ,write the answers in your notebooks.

1.What is her food budget for the whole week ? How much is it for each person per meal ? Conclusion ?

2.What is concept of the programme “Money Saving Meals” ?

Jamie Olliver is a very famous English Chef.

3. Why is she criticizing the programme ?

4. What other sorts of programmes is she talking about ?

5. What does she reproach to those kind of programmes on TV ?

6. What is her reality ?

7. What do you think is a “yellow label “

8.. What events happened in her life which provoked her current situation ?

9. What does this video reveal about poverty and poor people ?

10. Comment on the adjective she uses to talk about her “ashamed “.