

# Every Day Soup

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**Author: Anne Sheasby**

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Soups are the most versatile and best-loved dish on anyone's menu. Light and refreshing on hot days, warming and filling on cold days, soups can be a tempting appetizer to a main course, or a meal in themselves, and there is no ingredient that cannot be used in a soup. Fresh, bright and contemporary, this beautiful new book is filled with 135 recipes for soups, broths, chowders, bisques, consommés and gumbos for every occasion, from all over the world. Each recipe has details of all the ingredients you will need, clear and easy-to-follow instructions and a complete nutritional analysis for those watching what they eat. Dishes range from Chilled Coconut Soup and Catalan Potato and Broad Bean Soup, to Pad Thai Red Monkfish Soup and Chinese Chicken and Chilli Soup. A comprehensive guide to techniques covers making stocks, using ingredients, seasoning and storing, so you are guaranteed sensational results every time. Stunningly illustrated with over 230 gorgeous photographs, this is the essential guide to making the perfect soup. Consultant Editor Anne Sheasby spent several years working as a professional home economist within the food industry in a variety of roles before embarking on a successful freelance career in 1991 as a cookery writer and home economist. Anne is the author of many published cookery books, covering a wide variety of subjects, and has been a consultant editor on many more.

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